

# International Centers for Spiritual Living Youth Seminar Program

## 2010 Winter Seminar Advisor Information Sheet

As an advisor attending the winter seminar program there are a few responsibilities that the seminar program requires that we want you to be aware of. These include:

1. Have verified each teen submitting a registration form qualifies to attend this seminar.
2. If teen attending camp requires medication or special treatment it verifies that the advisor attending camp agrees to the following:
  - a. Discuss with parents prior to camp any medications, special medical needs, and precautions in administering medical care to the registering teen and gets written instructions on all medications (dose, frequency, timing, proper administration, and potential reactions/problems). This includes all prescription medications, over-the-counter medications, and herbal treatments.
  - b. Discuss with parents and teen the importance of continuing medication while at camp unless medication is specifically stopped by their medical practitioner.
  - c. Disclose to parents the medication dispensing policies of ICSL camps and that they will be the acting health provider responsible for dispensing and storing the medication while at camp with the backup of the camp nurse/doctor.
  - d. To receive any prescription medications, over-the-counter medications, and herbal treatments in the original container or container that has specific written dispensing instructions from a parent or legal guardian.
  - e. Storing these for the teen ensuring their security while traveling to/from and at camp.
  - f. While at camp will document on the medication form the necessary entries tracking the compliance of taking medications. For medications the teen will carry themselves (e.g. asthma inhalers) will check will teen daily to help track need.
  - g. Will report non-compliance of taking medications and/or increased need for as-needed medications to the camp nurse for follow-up if necessary.
3. If advisor attending camp requires medication they agree to maintain it in a secure way while at camp.
4. Advisor attending camp agrees to participate in camp as a first-aid responder unless a specific request is submitted to the seminar director for exemption. The camp nurse will be available to answer any questions concerning this requirement.